

NUTRITION ADVISORY COUNCIL

Wednesday, March 20, 2019

Thomas Koch called the Nutrition Advisory Council meeting to order at 9:00 am

Roll Call

Marlene Adelmeyer, Ivan Elm, Patricia Kahlow, Patricia Knox, Thomas Koch, David Godshall, Anna Barbara Rich

Also Present

Jackie De La Rosa, Sheila Drays, Liv Gerritson, Jackie Wendlandt

Excused

Caitlin Richardson, Carol Schulz

Absent

None

Action on the minutes of the November 14, 2018 meeting

David Godshall motioned and Ivan Elm seconded to approve the minutes of the November 14, 2018 Nutrition Advisory Council meeting. Motion carried.

Public Forum

None

Program Report

- Change in Supervisor: Amy Ewerdt resigned - her last day was February 1. The new supervisor Jackie DeLaRosa started on February 28. Olivia Gerritson has been helping with continuous nutrition duties as well as training Jackie.
- Update for Watertown Meal Site: Watertown meal site has officially moved to Moraine Park Technical College (MATC) on February 18. This site is only home delivered (HD) for the time being. Jackie DeLaRosa states it is going well and kinks are being worked through. Eventually a congregate site will be looked at. Jackie D reviewed the January and February Dining Center Comments provided for members of the board. Brief discussion followed.
- Reeseville Anniversary - Jackie D. reported that meal sites have been operating in this area for 40 years this June. A brief discussion was held regarding having a celebration at the Reeseville Senior Apartments. Jackie D. will send David Godshall the date that the Dining Site Manager selects as he is the advisor for location and expressed interest in attending.

Dining Center Reports

Tom Koch, Randolph representative, states there is more than enough food most of the time.

Ivan Elm, Mayville representative, states substitutes are happening more often lately. Marlene Adelmeyer, Lomira representative, notices the same observation.

David Godshall, Reeseville and Hustisford representative, states there are no complaints on the food when he has attended the meal sites.

Next Meeting

The next meeting of the Nutrition Advisory Council will be held on **Wednesday, May 8** at **9:00 am** in **room G046** on the **ground floor** of the Henry Dodge Office Building.

Adjournment

Marlene Adelmeyer motioned and Ivan Elm seconded to adjourn this meeting of the Nutrition Advisory Council at 9:38 am. Motion carried.

Respectfully Submitted,

Marlene Adelmeyer, Secretary

Disclaimer: The above minutes may be approved, amended, or corrected at the next committee meeting.

DRAFT

NUTRITION ADVISORY COUNCIL TERMS
Updated 5/1/2019

	<u>Dining Center Representation</u>	<u>Term Start</u>	<u>Term Expire</u>	<u>Term Start</u>	<u>Term Expire</u>
<u>Marlene Adelmeyer</u> 325 Church Street PO Box 124 Theresa, WI 53091 Phone: 920-488-2351	Lomira	7/1/2017	7/1/2020		
<u>David Godshall</u> 118 S. Madison Street Waupun, WI 53963 Phone: 920-324-5649	Reeseville	1/1/2019	7/1/2019	(7/1/2019) If reappointed	(7/1/2021)
<u>Ivan Elm</u> 331 N. Main Street Mayville, WI 53050 Phone: 920-387-5708	Mayville	7/1/2017	7/1/2018	7/1/2018	7/1/2020
<u>David Godshall</u> 118 S. Madison Street Waupun, WI 53963 Phone: 920-324-5649	Hustisford	1/1/2019	7/1/2019	(7/1/2019) If reappointed	(7/1/2021)
<u>Patricia Kahlow</u> N10432 Howard Drive Fox Lake, WI 53933 Phone: 920-928-2741	Home Delivered Meal Driver	7/1/2017	7/1/2020		
<u>Patricia Knox</u> 116 Lakecrest Drive Apartment 218 Beaver Dam WI 53916 Phone: 920-319-2061	Beaver Dam	7/1/2017	7/1/2020		
<u>Thomas Koch</u> 388 Holland Drive #5 Randolph, WI 53956 Phone: 920-326-3649	Randolph	7/1/2017	7/1/2019	(7/1/2019) If reappointed	(7/1/2021)
<u>Barbara Rich</u> 1121 Highland Avenue Apartment #323 Watertown, WI 53098 Phone: 920-206-2578	Watertown	7/1/2017	7/1/2018	7/1/2018	7/1/2020
<u>Caitlin Richardson</u> UW Extension Office 112 E. Edgewater St Rm 212 Portage, WI 53901 Phone: 608-742-9693 caitlin.richardson@ces.uwex.edu NO PER DIEM	Public	7/1/2017	7/1/2018	7/1/2018	7/1/2020
<u>Carol Schulz</u> 127 Barstow Street Horicon, WI 53032 Phone: 920-485-2768 NO PER DIEM	Horicon	7/1/2017	7/1/2020		

Dining Center Comments

January	Site	Comments
2	Horicon	Short one serving of mashed potatoes, received rolls instead of bread
3	Lomira	Received fruit cocktail instead of pears
4	Randolph	Not enough bean salad
3	Reeseville	Need more meat in the stew
4	Reeseville	Some orange chicken pieces very small
	Beaver	
10	Dam	Diet Dessert person got a cinn roll 3x this week
	Beaver	
7	Dam	Feils said they will be getting here between 10:30-10:45
7	Horicon	Short on pineapple and carrots
8	Horicon	Warmer bag isn't keeping temps high enough. 122° after 1 hour of delivering
9	Horicon	Potatoes burnt on bottom - not a full portion served. Short 1 cookie, participant said white chicken was dry
10	Horicon	Two servings short of veggies
11	Horicon	Veggies came in at 134° , heated in microwave until 165° Same dessert 2 days in a row for diabetic congregate
8	Hustisford	Corn bread does not go over too good, everyone that ate here threw it out
8	Lomira	Received eggnog dessert in place of birthday cake
9	Lomira	Received pears instead of pineapple
10	Lomira	Electric bag charger is melted. Received orange jello instead of mandarin oranges
7	Reeseville	Sliced peaches instead of diced
10	Reeseville	Mandarin oranges came in jello
11	Reeseville	Pear slices instead of diced pears
7	Mayville	Sent pineapple instead of peaches
14	Randolph	Not happy w/ meat. Too tough
15	Randolph	Short a jello
17	Randolph	Everyone loved the meal
18	Randolph	Not enough cabbage

14	Beaver Dam	Ring bologna was such a small chunk, skin was tough
16	Beaver Dam	Was short on pears
14	Mayville	Ring Bologna pieces were cut very small. On menu was hot red beans and site sent cold beans
14	Hustisford	What is it with all these kidney beans lately?
14	Reeseville	Bologna seemed spicy - could see bigger flakes of pepper inside. Rice and beans were blah
17	Reeseville	The people love the ambrosia dessert
18	Reeseville	Didn't have enough red cabbage
15	Lomira	used hot packs, electric unit not working
17	Lomira	used hot packs, electric unit not working. 150 when driver left
14	Horicon	3rd time in a row the diabetic congregate received a cinnamon roll. Had refrigerator thermometer in warming bag while deliveries were made, came back 119
18	Horicon	2-3 servings short of red cabbage, 1 extra piece of meat.
21	Juneau	Had 4 extra 2% milk and no skim
14	Juneau	Had 4 extra 2% milk and no skim
15	Juneau	Short 2 2% milk
7	Juneau	No skim milk was given
25	Juneau	Short a 2% milk
	Watertown	HDM participant from WTTN says the chicken has weird after taste - could be the grease it is cooked in?
18	Reeseville	Feils sent an extra meal, ordered 16, sent 17. Driver took extra meal
14	Watertown	Short two cinnamon rolls
16	Watertown	Short 2 servings of pears. Only served 3 pear slices and still were short. Applesauce cake was NOT baked enough
18	Watertown	Shorted 2 pieces of meat.
22	Watertown	Shorted 2 servings of pears and baked beans
24	Lomira	Mashed potatoes were brown
21	Horicon	2-3 servings short of veggies
22	Horicon	2 servings short of baked beans
25	Horicon	Didn't get dinner rolls that were on menu. Feil's driver said we were supposed to be told it was bread today. So we were short 4 slices of bread. Driver left half of hot meals at site, came back and picked those p so they would be hot when delivered

25	Randolph	ordered 15 meals, Marlene called in this morning and Feil's only brought 14 meals. So numbers are messed up. Didn't receive dinner rolls
24	Hustisford	Short 1 piece of chicken
21	Reeseville	Broccoli was mushy. Peach slices instead of diced
22	Reeseville	Good meal
24	Reeseville	Everything was good. Some mighty small cookies
25	Reeseville	Cantaloupe instead of honeydew melon
29	Lomira	Late arrival, potatoes brown
29	Horicon	Milk had ice in it even though temp was 32. Driver split her route in half, 9 meals were left in oven and hse picked them up after first 9 were delivered

Dining Center Comments

February	Site	Comments
1	Horicon	one serving short of potatoes.
1	reeseville	short two servings of potatoes
1	randolph	stale dinner rolls
4	Lomira	the mashed potatoes were dark brown in color
4	reeseville	applesauce instead of apple slices
4	watertown	2% milk was dated 1/29/18, past due date. We could not serve it
5	reeseville	weird after taste with meatballs
8	reeseville	fruit cocktail instead of plums
11	reeseville	pot roast was tender & delicious. "best they've ever had" one participant said
11	watertown	2% milk old. 1/2 were dated Feb. 4
13	Hustisford	The beans an drice did not go over too well. There was a lot thrown into the garbage
13	mayville	sent pears instead of applesauce
13	reeseville	great bbq pork cutlet & very tender. Beans and rice were bland
13	randolph	didn't serve until 11:45 am
14	Horicon	Had pineapple instead of honeydew melon
14	Lomira	pineapple instead of honeydew
14	reeseville	substitute for the honeydew melon. Meatloaf is a favorite.

18	Hustisford	The cucumber salad was excellent. We would like that more often.
18	Horicon	Delivering HD meals difficult because of icy sidewalks and driveways not plowed.
18	reeseville	baked chicken is a favorite
19	reeseville	a lot of carrots lately - alone & with other veggies
20	Hustisford	The cookies were very tasty but way too small.
20	Horicon	1 milk leaked
20	reeseville	good meal
21	mayville	Meat balls and kraut were very dry
21	Horicon	Driver fell while delivering meals
21	Lomira	Short 1 piece of melon
21	reeseville	not that many people like the cranberry & kraut meatballs. However, they liked the white bean salad. How come we never get honeydew when it's listed?
21	watertown	Cranberry meatballs had no sauce and were burned to the sides/bottom of pan. There were 99 meatballs stuffed into a small pan
25	Beaver Dam	"Peanut butter sandwiches are better than this meal today. No man or woman should have to eat like that no matter age. Chicken was so hard, had to chew and chew and chew to choke it down. The baked potatoes were like stones. The cake was fine."
25	Horicon	Dinner Roles were not served
25	Reeseville	Good chicken and wonderful salad
25	Lomira	Did not receive the dinner rolls
25	Horicon	Did not receive the dinner rolls
26	reeseville	Everything was good!
26	Horicon	Substitued bean salad for sweet potato bake. Had complaint about it from HD
27	reeseville	Substituted pears for plum halves. Are we ever going to get plum halves? Substituted cold cucumber salad for carrots. We weren't et up to serve another cold item
27	Randolph	Meal didn't arrive until 11:20
27	Lomira	Received pears instead of plums
27	Horicon	Received applesauce as a sub for plums. Potatoes were tan in color
27	Watertown Beaver	substituted cold cucumber salad for hot carrots
28	Dam	Red potatoes were hard - complains, but temp was 180. **Hard Rubber Piece in Salad**
28	Reeseville	Luke warm response to the chicken white chilli. Some thought it was too spicy

Dining Center Comments

March	Site	Comments
1	Reeseville	Good meal
4	Randolph Beaver Dam	2 complains about how late the meals are getting.. When Joe drives. Excellent Meal! Everyone enjoyed the pork loin
4	Reeseville	Good meal. Broccoli instead of carrots
5	Randolph	Red bag not heating didn't know until time to deliver.
5	Reeseville	Wonderful chicken. Not everyone like the potato salad
5	Horicon	Chicken came in cold. Had to heat up chicken in microwave, which took awhile.
6	Randolph	No one liked the cold bean salad
6	Mayville	Got applesauce instead of pears
6	Reeseville	Applesauce instead of pears
6	Horicon	Applesauce instead of pears
7	Mayville	Got pears today
7	Lomira	Received pears instead of applesauce, squash brown around the edges
7	Reeseville	Pears instead of applesauce
7	Watertown	Shorted one piece of ham and 4 servings squash
8	Randolph	enjoyed the Mac n cheese
8	Reeseville	Brownies were a little dry. Mac n Cheese must have been over bake - not so creamy and dark on the bottom side
11	Reeseville	No plum halves again - peaches instead. Good meal
11	Watertown	Shorted 4 servings of mash potatoes
11	Randolph	Everyone enjoyed the meal. They wish apple sauce cake was on menu more often
13	Horicon	Meals are so good! So many are my favorite. I'm so grateful to have a good meal per day!
14	Watertown	Shorted 3 buns
14	Randolph	Loved meatballs - just wish they had more gravy
15	Horicon	Short 1 skim milk - received broccoli & cauliflower instead of cole slaw

15	Reeseville	No German cole slaw. Instead, a hot veggie, for which we were not prepared. Didn't have the second warmer ready. Can't Feil's let us know when they are substituting and with what food?
15	Randolph	Meals were delivered at 11:20, did not leave until 11:42, congregate served at 11:45
18	Reeseville	Some thought the corned beef was dry and the veggies too mushy. Others said the corned beef was great!
19	Reeseville	Nice to finally get honeydew melon!
19	Horicon Beaver	About 3 servings short of veggies
19	Dam	Spaghetti was excellent, but we had cantaloupe today and yesterday!
19	Mayville	Sent jello instead of melon. Ordered 2 diet desserts - sent 3
20	Horicon	Received peas/carrot & green beans instead of baby carrots
22	Horicon	Substituted bananas for the cantaloupe
25	Randolph	Subbed cookies for cake. Green bean casserole had NO flavor
25	Beaver Dam	Green bean cass was only 80 degrees - still frozen green beans! Had to put in oven to finish cooking
25	Watertown	We ordered 54 meals. Meat was labeled 51. Everything else was 54. Shorted 3 pieces of meat.
25	Mayville	Green beans cold, not really cooked
25	Reeseville	Good meal! Instead of banana - got cantaloupe from Friday
26	Randolph	Subbed jello for fruit. Heard compliments on the meal
26	Reeseville	Substituted oatmeal raisin cookies for chocolate chip - good meal
26	Lomira	Received jello instead of peach slices, french bread instead of dinner roll
27	Beaver Dam	Chicken was excellent, nice and moist. Potatoes were very good. Lots of compliments on the meal
28	Beaver Dam	Not a lot of meat in the stew. Not getting 3oz per meal. A lot of calls to complain about no meat in the stew.
28	Mayville	Stew meat was tough and hard to chew
29	Randolph	Needed more rice