

COMMISSION ON AGING AND DISABILITY SERVICES

Wednesday, October 2, 2018

MaryAnn Miller called the Commission on Aging and Disability Services meeting to order at 9:00 am

Roll Call

Judy Braun, William Hoekstra, Shirley Kitchen, MaryAnn Miller, Lorna Negen

Also Present

Sheila Drays, Amy Ewerdt, Robert Griesel, Pam Groeschel, Amanda Higgins, Kris Schefft, Jackie Wendlandt

Excused

Dianne Birkholz, Judy Patenaude, Gary Schmidt

Absent

None

Roll Call and Non-Committee Member County Board Supervisors in Attendance

Roll call and introductions commenced.

Action on the Minutes of the August 14, 2018 meeting

Shirley Kitchen motioned and William Hoekstra seconded to approve the minutes of the August 14, 2018 meeting as presented. Motion carried.

Aging/Nutrition/Transportation Supervisor's Report

- Update on Aging Plan – Amy Ewerdt and Kris Schefft worked very hard through research and community input to create the 2019-2021 Aging Plan. A *Plan of Goals* handout was provided to members of this committee. Discussion followed. Judy Braun suggested getting into the Jr/Sr High Schools to offer mentorships to those interested in the human services field. This would allow kids to be interactive and volunteer weekly/monthly to spend time with consumers in their homes.
- Update on Senior Dining Program – Bay Shore and Fox Lake congregate meal sites are now closed. All current home delivered participants are packaged either out of the Watermark or Randolph. Any Bay Shore participants were put on home delivered meals and are also being packaged out of the Watermark. The new home delivered meal route in Beaver Dam is going well. It is up to 21 participants. To help with sustaining temperatures for home delivered meals, Amy ordered heated bags for the vehicles for the longer routes. Congregate participation is still low at all meal sites. William Hoekstra suggested encouraging city councils to get more involved to spread the word about the program.
- Transportation Plan – Coordination meetings have been held to create the 2019-2023 Transportation Plan for Dodge County. Meetings included key stakeholders from throughout Dodge County. New goals for transportation services within Dodge County have been made and set based on the discussions at the planning meetings. The *Dodge County 2019-2023 Coordination Plan* worksheet was provided to members of this committee. Discussion followed.

Dementia Updates

Robert Griesel, Dementia Care Specialist, stated there is a Dementia Caregiving Conference on Thursday, October 25 from 8 am until 4:30 pm here at the Henry Dodge Office Building. This event is free to everyone. Registration is required. On August 8, a Train the Trainer Workshop was held. Nineteen people attended to become Dementia Friendly certified. Another workshop will be held on December 10 for those wanting to help Dodge County become dementia friendly. Waupun Senior Center is the first official dementia friendly business, with Rock River Eyewear in Waupun being the second. Rob passed out the Dementia Friendly Dodge brochure as well as a Dementia Friendly Business handout for members to view. Dementia Live experiences have been going extremely well. There have been multiple experiences throughout Dodge County, including several in Columbus, Lomira, Horicon, and one that is being planned for the staff at the Watertown Regional Medical Clinic.

Elder Benefit Specialist

Amanda Higgins, Elder Benefit Specialist, gave information on the Annual Enrollment Period (AEP). This period runs from October 15 to December 7. This period gives opportunity for people to choose a Medicare Plan with no penalty. Office hours will be held at the Watermark in Beaver Dam, Marquardt in Watertown, and at the Senior Center in Waupun during this timeframe to assist people with their options. A September 2019 training is being proposed to offer an opportunity for community members to learn how to better navigate the Medicare Plan Finder. Amanda is finalizing the 2019 Welcome to Medicare Workshop schedule. These workshops are once a month and run from January through November. Five of these classes will be joint with the Disability Benefit Specialist to allow people of any age to attend. In 2019, the Elder Benefit Specialist (EBS) is collaborating with the Medigap Helpline to hold a Medicare B training in March.

Disability Services

Ashley Sanborn, Disability Benefit Specialist, will be joining with the Elder Benefit Specialist to offer five 2019 Welcome to Medicare Workshops for those between the ages of 18 and 59.

ADRC/Aging Supervisor's Report

- Marketing Events Update – Kris shared information regarding the new Caregiver Support Group held the 1st Tuesday of every month from 1-2 pm at the Henry Dodge Office Building, the Networking Meet and Greet targeted to nursing home staff to get to know the ADRC and the resources they provide for Dodge County residents, and the Healthy Living with Diabetes Workshop to be held at the Waupun Hospital starting on Tuesday October 9 and running until November 13 from 6-8:30 pm. There will be additional Health Literacy presentations like the Let's Talk About Pain Medicines educational program that was held on September 18 at the Watermark to give people a better understanding on how to safely and effectively use prescription pain medicine. Kris stated that Olivia Gerritson has accepted the position of Community Education Coordinator and is tentatively set to start on October 8.
- ADRC call data – August 2018 call statistics provided for members were reviewed and briefly discussed. MaryAnn Miller suggested putting a "Medicaid Basics" topic on the next agenda as well as "Future Agenda Items". MaryAnn also requested that all committee members have a member contact list.

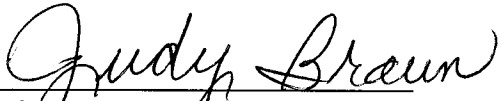
Next Meeting

The next meeting of the Commission on Aging and Disability Services will be held on **Tuesday, December 11** at **9:00 am** in **room G046** on the **ground floor** of the Henry Dodge Office Building.

Adjournment

William Hoekstra motioned and Shirley Kitchen seconded to adjourn this meeting of the Commission on Aging and Disability Services at 10:02 am. Motion carried.

Respectfully Submitted,



Judy Braun, Secretary

Disclaimer: The above minutes may be approved, amended, or corrected at the next committee meeting.