

Dodge County Senior Nutrition Program Revitalization Plan

Phase 1:

Major concerns:

- Food Temperatures of Home Delivered Meals (HDM) has to remain at or above 140 degrees for hot foods and below 40 degrees for cold foods. (see attachment)
- All meals must be delivered within four hours from the time that Feil's leaves their building in the morning. Below is Feil's route and the time they leave in the morning.
 - Dodge South Route: Watertown, Hustisford, Reeseville, BD Watermark, and Bayshore-8:30am
 - Dodge North Route: Juneau, Horicon, Mayville, Lomira-9:15am
 - FDL Route: Randolph, Fox Lake-9:15am

Location	Departure from Feil's	Arrival of Food	Need to Deliver By	Actual Time Delivery
Bayshore	8:30am	11:30-11:45	12:30	10 min
BD Watermark	8:30am	11:20-11:35	12:30	N/A
Fox Lake	9:15am	10:30-11	1:15pm	30-45min
Horicon	9:15am	10:20-10:30	1:15pm	1 hour
Hustisford	8:30am	10:25-10:50	12:30	2-2.5 hour
Juneau	9:15am	10-10:15	1:15pm	45 min
Lomira	9:15am	11:05-11:30	1:15pm	1-1.5hr
Reeseville	8:30am	11-11:15	12:30	1 hour
Mayville	9:15am	10:30-11	1:15pm	1 hour
Randolph	9:15am	10:40-11:15	1:15pm	15 min
Watertown	8:30am	10-10:15	12:30	30-45min

- At this time we are not providing meals for our county residents in the Beaver Dam area (rural)-there is a need for at least 10 participants at this time
- At this time we are not providing meals for our residents in Watertown (outside of Marquardt Village)-we are contracted with Jefferson County-we paid \$2267.56 for February (\$13.66/meal)

Proposal for Phase 1:

- Provide Home Delivered Meals for Watertown and Beaver Dam
- Provide paid drivers to ensure the safety and availability of these services at Hustisford and Lomira locations

How to Implement this Proposal:

- Propose to close Fox Lake meal site
 - Congregate participation is low
 - HDM can come out of Randolph
 - There are three volunteer drivers at this time-I would ask if they would like to continue deliveries for the Fox Lake area knowing that they will need to start/end in Randolph. If they are not interested, I would reach out to our current Randolph drivers.

	Last Yr's Avgs	CONGREGATE PARTICIPANTS												2017 Average
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Bay Shore	11	8	8	7	6	8	11	11	11	10	12	12	12	10
Beaver Dam Sr Center	10	5	6	8	10	10	11	13	12	15	17	17	16	12
Fox Lake	3	3	2	3	2	3	3	3	4	3	0	0	0	2
Horicon	5	5	5	5	5	4	4	5	4	3	4	3	4	4
Hustisford	6	7	7	6	6	7	6	7	8	9	9	9	9	8
Juneau	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Lomira	3	2	2	1	3	3	3	3	4	3	4	4	5	3
Lowell	3	3	3	6	10	11	11	9	10	10	11	12	12	9
Mayville	5	4	4	3	4	4	4	4	5	4	4	4	5	4
Randolph	9	8	8	8	8	7	7	7	9	8	8	8	8	8
Watertown	23	20	20	18	17	18	18	18	18	18	18	18	18	18
	78	65	65	65	71	75	78	80	85	83	87	87	89	75
		-13	-13	-13	-7	-3	0	2	7	5	9	9	11	-3

- Propose to close BayShore meal site
 - The apartment is not inviting to the community-located behind other apartment buildings, parking is limited, not visible as to where to enter
 - There is already a congregare site in Beaver Dam (Watermark)
 - The Watermark provides a very reasonably priced taxi service to/from the Watermark and those participants would be able to participate in the other programs offered there
 - Dodge County could offer vouchers for the current congregare participants and HDM assessments would be done on anyone that would like to continue getting meals at the current location
 - Anyone who is currently receiving HDM at Bayshore, would continue to receive them, but they would come out of the Watermark site. Any future HDM in Beaver Dam would have to first go through the Meals On Wheels program out of the Beaver Dam hospital.

- Propose to change/close the Lomira meal site
 - Currently no congregate members
 - Space is limited for parking
 - The goal for this site is to find another site that would be more welcoming to the public and some of the ideas are listed below.

New Options to Consider for Lomira:

- Only offer HDM to that area-meals can be packaged in Mayville or have Feil's package them. This would be an increased cost since they will need to provide additional equipment and hire an additional staff member. Not more than an additional \$.38/meal. Currently paying \$4.26/meal.
- Restaurant program-Subway, Bublitz's-meet with April 24th
- Soup/Salad bar in local grocery store-Piggly Wiggly
- Find a new location for the congregate site-Village office-available on Mondays and Fridays, Trinity United Methodist church also showed interest in partnering with us.

Dodge County Senior Nutrition Program

There is a need to grow our program.

- Our home delivered meal participants are increasing.
- Community members in the town of Beaver Dam are going without our services due to our lack of drivers and not being eligible to get meals through the Meals on Wheels program from the Beaver Dam Hospital.
- Congregate participation rates are low at many of our sites.

There are some new and exciting programs happening all over the state of Wisconsin. We want to embrace these changes in hopes that our program will reach more community members and develop a stronger program for the future.

Purpose of the Nutrition Program:

- To reduce hunger and food insecurity
- To promote socialization of older individuals
- To promote the health and well-being of older individuals by assisting such individuals to gain access to nutrition and other disease prevention and health promotion services to delay the onset of adverse health conditions resulting from poor nutritional health or sedentary behavior

Key Points for Dining Centers:

- No architectural barriers
- Accessible
- Location-must be located in a facility where eligible individuals will feel free to attend

Key Points for Home Delivered Meals:

- Geographically Home Delivered routes are time effective
- Keeping the number of participants on each route manageable due to food safety